

**CAST IT SYSTEMS
VIDEO ENCODING REQUIREMENTS****IMPORTANT!!**

**PLEASE READ AND FOLLOW THESE INSTRUCTIONS
OTHERWISE WE CANNOT GUARANTEE THAT YOUR VIDEO
WILL BE DELIVERED TO THE CASTING DIRECTOR!!!**

If you need assistance preparing your file for Cast It, please email us at
talentsupport@castitsystems.com.

Cast It Systems Video Encoding Settings

Welcome to Cast It, the Internet's dominant platform for sending auditions, reels and other production-related videos to casting offices. When preparing your video for uploading, we strongly encourage that you use these compression and export settings.

VIDEO COMPRESSION / EXPORT SETTINGS

Accepted Formats: QuickTime (.mov or .mp4 files) or Windows Media Video (.wmv files)

QUICKTIME SETTINGS -- RECOMMENDED FORMAT**Video**

File Format: QuickTime (.mov) or MPEG-4 (.mp4)

Maximum File Size: 500 MB

Compressors: MPEG 4 Video

Aspect Ratio: 16:9

Frame Rate: 24 frames per second

Key Frame: Every 300 frames

Video Data Rate: 768 Kbps (for long videos) or 896 Kbps up to 1200 Kbps (for better quality video)

Compression Quality: Best

Window Size: 640 x 480 VGA (320 x 240 is acceptable, especially for larger files)

Internet Streaming: Yes / "Fast Start"

Audio

Compression: AAC or similar

Channels: Stereo

Bit Rate: Recommended

Target Bit Rate: 32 Kbps